

PROCLAMATION

“FIBROMYALGIA AWARENESS DAY”

MAY 12, 2023

WHEREAS: Fibromyalgia Awareness Day aims to raise awareness and end the stigma and discrimination that accompany this chronic illness.

WHEREAS: Fibromyalgia Association Canada is the only national organization in Canada that supports only fibromyalgia; and

WHEREAS: Fibromyalgia affects about 5% of Canada’s population – over 2,000,000 men, women and children of all ages and races in Canada are afflicted with this chronic illness; and

WHEREAS: Fibromyalgia often takes an average of three (3) to five (5) years to diagnosis; and

WHEREAS: there is no known cause of, prevention of, or cure of fibromyalgia; and

WHEREAS: Fibromyalgia (FM) is a complex illness whose symptoms vary widely and may include debilitating chronic pain, overwhelming fatigue, and cognitive impairment; and

WHEREAS: patients with Fibromyalgia often have a number of co-existing conditions, which may include chronic myofascial pain, irritable bowel syndrome (IBS), temporomandibular joint disorder (TMJ), environmental sensitivities, anxiety and depression; and

WHEREAS: Fibromyalgia (FM) greatly reduces quality of life, can cause total disability and also affect families, friends and employers. Living with chronic pain and fatigue on a daily basis can lead to social isolation, so it is important for sufferers and their families, friends, and caregivers to know that they are not alone.; and

WHEREAS: people with Fibromyalgia (FM) have a right to be treated with dignity and have a right to pain relief; and

WHEREAS: together we will find ways to enhance the quality of lives for people affected by fibromyalgia and together find a cure.

NOW THEREFORE, I, _____, Mayor of the _____, on behalf of the _____ Council, do hereby proclaim May 12, 2023 as “Fibromyalgia Awareness Day” in the _____ and I call this observance to the attention of all our citizens.